

service agreement: Postnatal Doula

As a postnatal doula, I assist women and their family to help ensure a safe and satisfying postnatal experience. I have completed training through DONA International and Lamaze International. As your postnatal doula, I will draw on my professional training, knowledge and experience to provide emotional support, physical comfort as needed.

I can provide reassurance and perspective to you and your family to make suggestions for the postnatal period. As your postnatal doula, I am working for you, not your caregiver or hospital.

LIMITATIONS AS YOUR POSTNATAL DOULA

- I do not perform any medical or clinical care.
- I can not make medical decisions for you.
- I will not speak to medical staff regarding matters where health care decisions are to be made.

BEFORE BIRTH

I will ideally meet with you and your family before birth to become acquainted, to explore and discuss your priorities and any fears or concerns, to discuss your postnatal plan and how we might work best together. I also want to know your own best ways of coping with stress and fatigue and how you and your family foresee working together.

CLIENT RESPONSIBILITY

You will notify me after the birth of your baby and we will arrange your postnatal visits. It is your responsibility to notify me as early as possible if you need to cancel or postpone a postnatal visit. If you cancel within 24 hrs or less or do not notify me of cancellation, you will be charged the full fee for your visit. To provide you the best service possible, having open and honest communication between us is essential.



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FAILURE TO PROVIDE SERVICE

If I am unable to attend your scheduled visit I will provide as much notice as possible and reschedule the postnatal visit with you.

POSTNATAL DOULA SUPPORT PACKAGE

- Complementary introductory meeting (30 mins)
- 1 x antenatal visit (ideally)
- Development of postnatal plan
- Email and phone support in first 12 months
- Postnatal home visits in first 12 months (number dependant on package selected)
- Provide information, reassurance and emotional support to the family about breastfeeding, sleep and settle, normal newborn behaviour and growth and the mother's postnatal recovery.

Investment: 5 visits \$750 10 visits \$1450

A \$300.00 non-refundable deposit secures your booking. Balance of payment is due by the first postnatal visit. I am unable to attend postnatal visits if this payment is not paid in full.

We/I have read the above service description and agreement.

We/I agree that it reflects the discussion we/I have had with Kate Drew.

We/I do not hold our Postnatal Doula, Kate Drew, responsible for any unexpected clinical outcomes.



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Name:	
Mobile:	
Email:	
Signature	9:
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Partner /	Support Person:
Mobile:	
Email:	
Signature:	
5	
Estimated Date of Birth:	
Lotiniate	
Doula:	Kate Drew, Collective Wisdom
Mobile:	0435 123 185
Email:	kate@collectivewisdom.com.au
Web:	collectivewisdom.com.au
Signature:	

METHOD OF PAYMENT

O Cash O EFT: Commonwealth Bank of Australia

Account Name: Vis Viva

BSB: 062 692

Account No: 3975 2310

Important: Please use your surname in the description box for easy identification of payments.

SEND PRINT